

# Employee Orientation

Understanding the range of services available through your Total Wellbeing benefit





- NexGen EAP is a no-cost, confidential total wellbeing benefit available to employees and eligible family members
- HIPAA Compliant Confidential
- Available 24/7/365 Live Response
- Provides resources for assisting with your day-to-day stressors, life events, mental wellbeing, work/life balance, and more!



## Confidentiality



#### Confidentiality is a key principle of NexGen EAP

- eni is a HIPAA compliant benefit provider
- No information about use of NexGen EAP can be reported unless required by law. Legal exceptions include:
  - Threats to harm oneself
  - Threats to harm others
  - When the safety or welfare of a child is in question



### Who is Eligible For NexGen EAP?

Eligible employees and eligible family members can participate in **NexGen EAP**. Eligible family members include:

- Employee's spouse or domestic partner
- Employee's dependent children up to age 26
- Employee's unmarried children, regardless of age, residing with the employee who are mentally or physically incapable of earning their own living



# Counseling Services



- eni offers professional short-term counseling for a variety of concerns, including:
  - Stress
  - Marital/Relationship
  - Depression
  - Fear

- Anxiety
- Grief or Bereavement
- Alcohol or Substance Abuse
- Denial
- Eligible members receive up to 8 sessions with a counselor for each separate issue that arises throughout the year
- Counseling sessions available in-person, via video conference, or over the phone
- Intake Counselors can provide in-the-moment support if you want to talk with a Counselor immediately



# Counseling Services



- Contact the EAP for counseling in a variety of ways:
  - Call the 1-800 number
  - Text the 1-800 number
  - Access the Counseling portion of the web portal <u>www.nexgeneap.com</u>
  - Access the Counseling portion the mobile app NexGenEAP
- Referrals will be provided in the same manner that you contacted the EAP
- If needed, **eni** will assist employees in finding long term counseling that is covered by the employee's health insurance or by providing information on community-based services



### Financial Consultations



- Members can access a 90-minute telephonic consultation with a financial professional at no-cost, once per separate issue per year
- Assistance and resources can be provided on many financial matters, including budgeting, bankruptcy, identity theft, student loans, credit report issues, and more
- Additional consultations for the same matter within one year can be provided at an additional cost, but at a discounted rate
- Appointments are made at the member's convenience and can be scheduled by calling 1-800-327-2255, utilizing the NexGenEAP mobile app or on the <a href="https://www.nexgeneap.com">www.nexgeneap.com</a> web portal



## Legal Consultations



- Members can access a 30-minute telephonic or in-person consultation with a licensed attorney at no-cost, once per separate issue, per year
- Get legal advice and resources regarding legal matters including drafting wills, custody matters, purchasing a home, small claims, etc.
- If the individual chooses to hire an attorney after the initial consultation, there
  will be a 25% discount on additional services
- NOTE: eni will not provide any assistance for legal matters involving lawsuits or legal action against your employer



# Virtual Concierge



- eni's Benefit Information Specialists are work/life experts who can provide information on a wide range of topics
- BIS's will help address day-to-day responsibilities or major life events including:
  - Vacation Planning
  - Event Planning
  - Elder Care

- Online Shopping Research
   Contractor
- Relocation
- Child Care

- Tutors
- Specialty Items
- Keep track of all your Virtual Concierge requests using your member portal on www.nexgeneap.com or the mobile app NexGenEAP



## Wellness



- Members can access coaching calls with one of eni's licensed health coaches anytime throughout the year
- Get assistance and resources on any of the 10 areas of wellness:
  - 1. Fitness
  - 2. Financial
  - 3. Emotional
  - 4. Spiritual
  - 5. Stress

- 6. Nutrition
- 7. Relationships/Social Health
- 8. Clinical Health
- 9. Lifestyle/Work Life Balance
- 10.Rest/Recovery
- Additional Wellness resources can be accessed by calling the toll free number or accessing the web portal or mobile app



## Health Advocacy



- Members can submit Health Advocacy Requests to get assistance on the various challenges surrounded healthcare including:
  - Billing
  - Claims
  - Participating Providers

- Understanding Insurance Cards
- Navigating Insurance Plans
- Prescription Drug Coverage
- eni's Benefit Information Specialists are licensed professionals that specialize in navigating, and assisting members with, insurance issues
- Health Advocacy requests can be submitted anytime by calling the 1-800 number or accessing the mobile app or web portal



### **Entertainment Discounts**



 Get discounts of up to 60% off, through the Working Advantage discount program

#### **Entertainment**:

Save up to 60% on movie tickets, theme parks, ski resorts, hotels, museums, zoos, attractions, aquariums and more!

#### **Shopping & Gifts**:

Working Advantage has partnered with your favorite online retailers to bring you excellent discounts on apparel, books and music, electronics, office supplies, flowers, food, and home.

#### **Theatre & Events:**

Find great seats and super deals on a huge selection of Tony Award®-winning Broadway shows, family events, concerts and sporting events nationwide.

#### **Earn Rewards**:

Look for the Advantage Point symbol and earn points to be redeemed for movie tickets, gift cards, and more.



### e-Learning Resources



- Online access to interactive training courses and tools to promote personal and professional development
- e-Learning course topics include:
  - Conflict Resolution
  - Customer Service Fundamentals
  - Leadership and Management Trainings

- Effective Communication
- Time Management
- Public Speaking
- Available in English and Spanish through <u>www.nexgeneap.com</u>



#### Mindfulness Resources

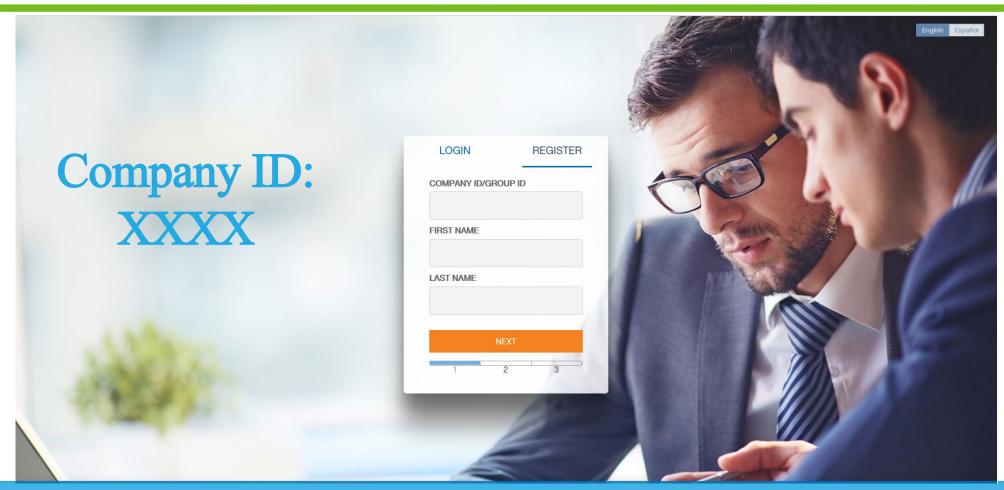


- Online access to a video content library on mindfulness and self care for greater awareness, stronger resilience, and better mental wellbeing
- Quarterly masterclasses and video content on topics including:
  - How to Successfully Meditate
  - Mastering Your Emotional State
- Resolving Inner Conflicts
- Using Psychology in Decision Making
- Receive daily quotes and positive affirmations on topics including:
  - Loving Yourself
  - Improving Thoughts

- Staying Grateful
- Accepting Change



## Member Portal – www.nexgeneap.com



# Summary

- Counseling Services
- Legal Consultations
- Financial Consultations
- Virtual Concierge
- Wellness
- Health Advocacy
- e-Learning Courses

- Easy Access to All Services:
   1-800-327-2255
- 100% Confidential
- Live Response 24/7/365
- Web Portal: <u>www.nexgeneap.com</u>
- Mobile App: NexGenEAP



### Contact Your Benefit Experts



1-800-327-2255

Web Portal: www.nexgeneap.com

Mobile App: NexGenEAP

