



2018 ADULT SAND VOLLEYBALL LEAGUE INFORMATION & RULES

Dickinson Parks & Recreation (updated March 19, 2018)



DPR – Team / Player Communication: Managers – please make sure you and your players access this FREE APP “Rained Out” on your phones. Cancellations, notifications, etc. will be done via this APP.

To activate this APP: text: 84483 message: dprsandvb
You will receive an instant verification text on your phone.

DPRD PROGRAM CONTACT PERSON: Wilson McLaughlin, Recreation Supervisor (701-260-4072).

ALL FEES PAID:

- Player Fee = \$40 / Sponsor Fee = \$90

All sponsor and player fees **MUST BE PAID IN FULL** when team registration is submitted to DPRD or it **WILL NOT** be accepted!!! It is the Team Manager’s responsibility to collect all fees ahead of time and submit them as one team registration. **DO NOT** tell players to stop at DPRD and pay.

IMPORTANT DATES:

REGISTRATION DEADLINE: May 1, 2018 (By 5:00 p.m. @ DPRD Office)

LEAGUE PLAY NIGHTS: Women: Tuesday Nights (May 29 – August 7)
(Off July 3) (Make-up date Aug. 14)
Coed: Thursday Nights (May 31 – August 9)
(Off July 5) (Make-up date Aug. 16)

*League Schedules will be posted on our Website: www.dickinsonparks.org

*All Matches will be played at Turtle Park (2352 Broadway West)

AREA VOLLEYBALL TOURNAMENTS: Any information we receive will be posted on our website.

PLAYER ELIGIBILITY:

All high school students are ineligible. Any high school graduate is eligible. If out of high school and not a graduate, you must be 18 years of age.

LEAGUE STRUCTURE:

- DPRD OFFICE HOURS: Monday thru Friday, 8:00 a.m. – 5:00 p.m.
PHONE: 456-2074 WEBSITE: www.dickinsonparks.org E-MAIL: wmclaughlin@dickinsonparks.org
- League schedules and standings will be posted on DPRD website: www.dickinsonparks.org
- All teams will play approximately 10 matches (league round robin play + league tournament).
- League play will be round robin format. Teams may not play everybody the same number of times (dependent upon the number of teams in the league).
- Teams will be accepted with returning teams receiving preference based on the previous year. Any new teams will be accepted on a 1st come basis, up to maximum teams allowed. Any preference is based on team submitting complete registration packet by deadline.
- Roster addition or changes **MUST** be taken care of at the Recreation Office during normal business. **NO PLAYER IS ELIGIBLE TO PLAY UNTIL SIGNED UP ON THE LEGAL ROSTER & PAID IN FULL.** This **WILL NOT** be accepted at the playing facility sight.

- **REFUNDS** (player fee and/or sponsor fee) will only be given prior to the registration deadline. Individual player fee refund may be given after that on a case by case situation. **Transfer of player fees from one player to another are not allowed after a team's first match.**
- **TOURNAMENT CHAMPIONS** will receive T-Shirts. Tournament play may involve additional divisions and juggling of teams between leagues based on their league record.
- **CANCELLATION** of any matches due to weather, etc. will be made by 4:30 p.m. if possible. Any cancellation will be communicated through the "Rained Out" App. Also, check our website at www.dickinsonparks.org.
- **CHILDREN MUST BE SUPERVISED!!!** Please keep children seated a safe distance away from the playing area for their safety.
- Dickinson Parks & Recreation does not carry insurance for participants in any city sponsored programs, and will not be held liable for injuries that occurred during the activity.

PLAYING RULES:

Play shall be governed by United States Volleyball rules with the exceptions listed below.

- **MATCH TIME IS FORFEIT TIME!** (Use cell phone as official time) Any team that has 7 unannounced game forfeits may be dropped from the league and all players would be ineligible to be picked up by another team or play in any tournament games.
- **PLAYERS ON THE COURT:** Team play consists of 4 players (minimum of 3 needed to start the game). There is no rotation order except for the purpose of serving.
- **COED** must have at least 1 person of each gender on the court. (Maximum of 3 women) (Maximum of 2 men). Coed must alternate genders for serving. A female must have a least one contact if more than one contact occurs on a side – no contact is required of a male.
- **FORFEITS:** Team forfeiting 1st game of match has 10 minutes from scheduled game time to field a team and play the last two games of the match / 20 minutes from scheduled game time to field a team and play the last game of the match. As soon as 3rd player arrives, the 2nd or 3rd game is to be started.
- If a player arrives late and team is playing short handed, that player may enter the game on the first dead ball at any position on the court. If you have full team, the player may join in your team rotation or substitute.
- **ROTATION:** When beginning the game using rotation, it must be used throughout the game – no substitution. Each person must begin at the middle position of the back row and make a complete clockwise rotation, ending by serving.
- **SUBSTITUTION:** When beginning the game using substitution, it must be used throughout the game – no rotation. A player must report in to the official on a dead ball when making a substitution. This is a player for player substitution. Ex. "B" substitutes for "A". This establishes an "A-B" substitution. "A" can only re-enter for "B" & vice-versa. There is no limit to length or number of substitutions between "A & B". Neither "A" nor "B" can substitute for any other player. (Exception: If a player gets injured and no substitute is available, the player that was substituting will replace the injured player. The injured player may not play the remainder of that game).
- **MATCH** = (3 games to 21 pts – must win by 2 pts. / pt. cap at 23)
- **1ST SERVE:** Coin toss determines which team serves 1st. Loser of toss will serve 2nd game. Coin toss again to determine 3rd game server.
- **TIME OUTS** = One 30-second timeout per game.

- **BASIC GAME RULES:**

- Server has 8 seconds from whistle to serve.
- Server is allowed only 1 toss.
- Any 1st-receive by a team may be a double contact if it is judged to be one attempt.
- The ball may be hit with any part of the body, as long as it is not a carry.

Simultaneous contact with the ball – Two or more players may touch the ball at the same moment.

When two or more teammates touch the ball simultaneously, it is counted as one contact. If teammates collide, no fault is committed. Any player may play the ball next if the simultaneous contact is not the third team contact. If there are simultaneous contacts by the two opponents over the net and the ball remains in play, the team receiving the ball is entitled to another three hits. If such a ball goes out, it is the fault of the team on the opposite side.

- **Characteristics of the hit**

The ball may touch any part of the body. The ball must be hit, not caught or thrown. It can rebound in any direction. Exceptions: In defensive action of hard-driven ball. In this case, the ball can be held momentarily overhand with the fingers as well as doubled with the fingers.

Successive contacts: A player may have successive contacts with the ball during a single attempt to make the team's first contact provided the fingers are not used to direct the ball. The ball may touch various parts of the body, only if the contacts take place simultaneously. Exceptions: (a) At blocking; consecutive contacts by one or more blockers is authorized, provided that they occur during one action. (b) At the first hit of a team, unless it is played overhand using fingers, the ball may contact various parts of the body consecutively, provided that the contacts occur during one action.

- Contact with the net by a player is not a fault, unless it is made during the action of playing the ball, or it interferes with play. Incidental contact of the hair is never a fault. Some actions of playing the ball may include the actions in which the players do not actually touch the ball.
- A player may reach or penetrate into the opponent's court and/or space under the net, provided this does not interfere with the opponent's play.
- A player may run outside their court to play a ball, but MAY NOT enter another court while playing or after playing the ball. If a player does enter another court, the ball will be called dead immediately and a point/service will be awarded.
- In blocking, a player may place hands and arms beyond the net, inside the antennas, provided this action does not interfere with the opponent's play. The player is not permitted to touch the ball beyond the net until the opponent has made an attack hit.
- A blocking contact is NOT counted as a team contact. The blocking team will have three contacts after a blocking contact and any player may make the contact.
- A player is permitted to pass his/her hand beyond the net after his/her attack hit, provided that his/her contact has been made within his/her own playing space.
- **Attack hit:** All actions to direct the ball toward the opponent, except when serving and blocking are considered attack hits. An attack hit is completed the moment the ball completely crosses the vertical plane of the net or is touched by a blocker. Any player may carry out an attack hit at any height, provided that his/her contact with the ball has been made within the player's own playing space (except on a serve).
 - If a player contacts the ball completely above the height of the net and the player's foot is touching or has last touched the ground on or in front of the attack line, the attack-hit must have an upward trajectory.

- **Attack hit faults:**

- A player hits the ball within the playing space of the opposing team.
- A player completes an attack-hit using an “open-handed tip or dink” directing the ball with the fingers.
- A player completes an attack-hit on the opponent’s service, when the ball is entirely above the top of the net.
- A player completes an attack-hit using an overhand set that give the ball a trajectory not perpendicular to the line of the player’s shoulders except when setting to his/her teammate or contacts the ball completely above the height of the net, while his/her foot is touching or has last touched the ground on or in front of the attack line and does not direct the attack-hit with an upward trajectory.

FOOTWEAR/HATS/EYEWEAR

- Footwear is optional for all players. Tennis shoes, aqua socks, etc. are acceptable for players to wear while playing volleyball. Only those items that would give a player an advantage will not be allowed.
- Players may wear hats and visors. Other types of headwear will be allowed. Players wear these items at their own risk.
- Sunglasses, glasses and other types of eyewear are allowed. Players wear these items at their own risk.

DRINKING

- Drinking before or during league play is not allowed. Please save your drinking until after your match.
- Any player who is under the influence of alcohol during a match may face expulsion from further league play.
- **GLASS CONTAINERS ARE NOT ALLOWED ON PARK PROPERTY.**
- Please clean up your mess. Teams may be penalized for leaving trash in their team area.
- Possession of and/or under the influence of alcohol, drugs, or stimulants while participating shall carry a minimum penalty of one match suspension and probation for one year in all DPRD programs.

PLAYER CODE OF CONDUCT:

All players are expected to conduct themselves in a sportsmanlike manner at all times!!! This is a recreational program. The “Heat of the Moment” excuse is not acceptable. This is not an all-inclusive list. Items and situations not listed will be ruled upon by the proper DPRD Program Supervisors.

- Any team found to be using an ineligible player will be penalized as follows:
 - All games with ineligible player will be forfeited.
 - Team Manager and violating player will be suspended for 1 match.
 - Team will be on probation remainder of season with any further infractions subjecting team to suspension for remainder of season.

Possession of and/or under the influence of alcohol, drugs, or stimulants while participating shall carry a minimum penalty of a one match suspension! Additional penalties may be administered by DPRD.

UNSPORTSMANLIKE BEHAVIOR PENALTIES:

Profanity of any sort is deemed unsportsmanlike and will not be tolerated!

- Casual Profanity said in frustration of a player at himself loud enough for a spectator to hear will be penalized by awarding opposing team 1 pt and the service.
- Any team/player which, in the judgment of the official, intentionally wastes time by not retrieving the ball in a timely matter, may receive a “Delay of Game” penalty (1 pt. and loss of serve).

5-POINT COOL DOWN: Given at official’s discretion whenever official feels a player(s) are conducting themselves inappropriately. This should be enforced so situations do not escalate to having to eject a player.

- **Enforcement:** Award opposing team 1 pt. & the service + player must sit until a combined total of 5 additional pts are scored. At that point, player may re-enter the game in their proper rotation spot.
- **Player MUST SIT the penalty. (If team falls below the 3 player minimum = forfeit of that game).**
- **2nd 5-Pt. COOL DOWN in a match on same player** = ejection for remainder of the match + suspension from team's next match.
- Depending upon the severity of the unsportsmanlike act, an official may eject a player without administering a 5-pt COOL DOWN.
- 1st EJECTION of season on a player = Player sits out remainder of that match + next scheduled match for that team.
- 2nd EJECTION of season on a player = Player sits out remainder of that match + next 2 scheduled matches for that team + on probation the remainder of the season. Any other
- 3rd EJECTION of season on a player = Player is suspended for the remainder of the season (including tournaments) + on probation the next DPRD program player participates in.

No player shall at anytime lay a hand upon, shove, strike or threaten an official, scorer, DPRD employee, or player.

- Officials are required to suspend the player immediately from further play and report such player to the league director. Such player shall remain suspended until the case has been considered by the DPRD league officials.
- **MINIMUM PENALTY:** Suspension from two league matches and probation for the remainder of the season.
- **MAXIMUM PENALTY:** Suspension from all recreational activities for two years and probation for the following year, plus annual reviews by league officials.
- When a player is directed to leave the facility; said player must sit out a minimum of the next two scheduled matches, and will be put on probation the remainder of the year.
- **Pertaining to ejections: If the ejection is in the last match of the season, the suspension will carry over to the next DPRD adult program the suspended player participates in.**