

# LEISURE POOL

Effective 8/23/10

## West River Community Center Swim Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 A.M.	Open Swim (5:30-8:00 a.m.)					CLOSED	CLOSED
6:00 A.M.	Water Aerobics 6:00-7:00am (Tues & Thur)		Water Aerobics 6:00-7:00am (Tues & Thur)				
6:30 A.M.							
7:00 A.M.							
7:30 A.M.							
8:00 A.M.	Adult Water Aerobics/Adult Water Walking (8:00-9:00 a.m.)					Open Swim (7:00 a.m.- 1:00 p.m.)	
8:30 A.M.							
9:00 A.M.	Senior Fitness/Water Walking (9:00-10:00 a.m.)						
9:30 A.M.						Open Swim with water slides (1:00 p.m.- 4:30 p.m.)	Open Swim with water slides (1:00 p.m.- 4:30 p.m.)
10:00 A.M.	Open Swim (10:00 a.m.-5:30 p.m.)						
10:30 A.M.							
11:00 A.M.							
11:30 A.M.							
12:00 NOON							
12:30 P.M.							
1:00 P.M.							
1:30 P.M.							
2:00 P.M.							
2:30 P.M.							
3:00 P.M.							
3:30 P.M.							
4:00 P.M.	Waterslides open at 4:00 pm						
4:30 P.M.							
5:00 P.M.						CLOSED	CLOSED
5:30 P.M.	Adult Water Walking (M-F) (5:30-6:30 p.m.)						
6:00 P.M.	Adult Water Aerobics (M-Th) (5:30-6:30 p.m.)						
6:30 P.M.	Open Swim with Waterslides (6:30-9:30 p.m.)						
7:00 P.M.							
7:30 P.M.							
8:00 P.M.							
8:30 P.M.							
9:00 P.M.							
9:30 P.M.							

**NO OPEN SWIM for Aquatic Lessons (5:30-6:45 pm) Monday- Thursday**  
 Sept 14- Oct 14  
 Nov 11- Dec 16  
 Jan 31- Mar 3 2011  
 Mar 21- April 21 2011

**Water Walking & Water Aerobics will still be held.**

\*Schedule is subject to change.

\* Watch postings for Swimming Lesson dates and times.