


# LAP POOL

Effective 8/23/10

## West River Community Center Swim Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30 A.M.	<b>Lap/Open Swim (5:30 a.m.-12:00 p.m.)</b> 					<b>CLOSED</b>	<b>CLOSED</b>		
6:00 A.M.									
6:30 A.M.									
7:00 A.M.									
7:30 A.M.									
8:00 A.M.									
8:30 A.M.									
9:00 A.M.									
9:30 A.M.									
10:00 A.M.									
10:30 A.M.									
11:00 A.M.									
11:30 A.M.									
12:00 NOON	<b>Lap Swim Only (12:00-1:30 p.m.)</b>					<b>Open/Lap Swim (7:00 a.m.- 4:30 p.m.)</b>	<b>Open/Lap Swim (12:00 noon- 4:30 p.m.)</b>		
12:30 P.M.									
1:00 P.M.									
1:30 P.M.	<b>Open/Lap Swim (1:30-5:30 p.m.)</b>								
2:00 P.M.									
2:30 P.M.									
3:00 P.M.									
3:30 P.M.									
4:00 P.M.	<b>Dickinson Dolphins Swim Practices (4:00-6:00 p.m.)</b>							<b>CLOSED</b>	<b>CLOSED</b>
4:30 P.M.	<b>*Starting November 15th</b>								
5:00 P.M.								<b>Open/Lap Swim (5:00-8:30 pm)</b>	<b>Open/Lap Swim (5:00-7:30 pm)</b>
5:30 P.M.	<b>Open/Lap Swim (6:00-9:30 p.m.)</b>								
6:00 P.M.									
6:30 P.M.									
7:00 P.M.									
7:30 P.M.									
8:00 P.M.	<b>Water Aerobics 7:00-8:00 (Tues &amp; Thur)</b>		<b>Water Aerobics 7:00-8:00 (Tues &amp; Thur)</b>		<b>CLOSED</b>				
8:30 P.M.									
9:00 P.M.									
9:30 P.M.									

\*Schedule is subject to change.

\* Watch postings for Swimming Lesson dates and times